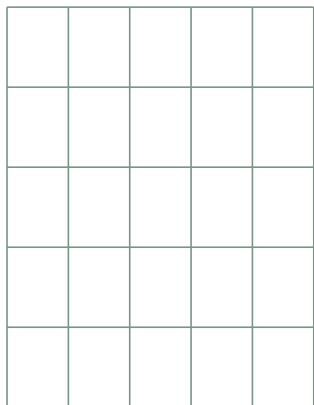


My left-handed chord shapes

Vertical view: high e is on the LEFT; nut is at the top. Add O for open strings, X for silent strings, finger numbers and the starting fret.

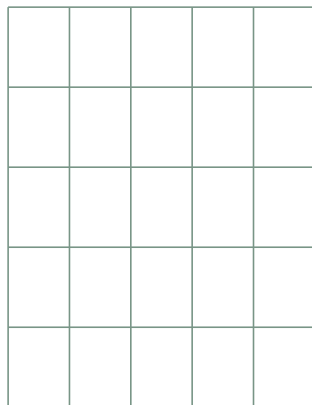
Chord: _____



e B G D A E

Starting fret: _____

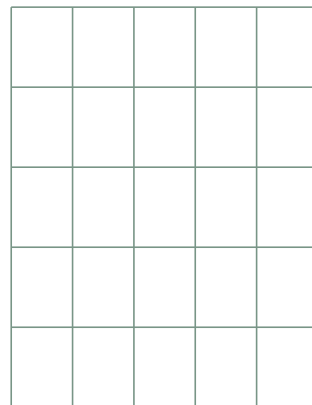
Chord: _____



e B G D A E

Starting fret: _____

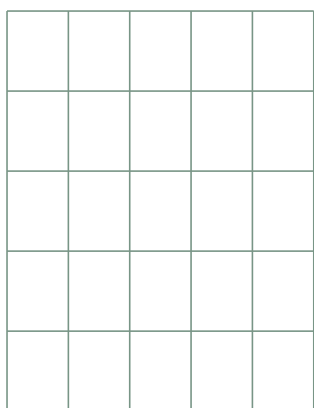
Chord: _____



e B G D A E

Starting fret: _____

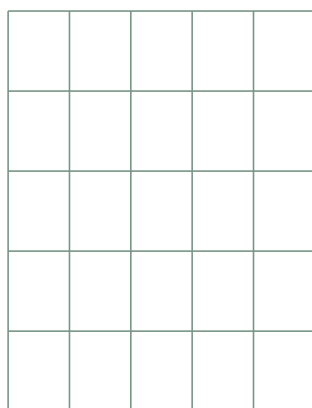
Chord: _____



e B G D A E

Starting fret: _____

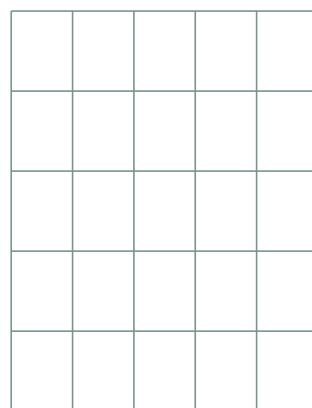
Chord: _____



e B G D A E

Starting fret: _____

Chord: _____



e B G D A E

Starting fret: _____

My left-handed fretboard notes

Horizontal view: high e on TOP; nut on the RIGHT. Write fret numbers below each grid, then add note names or intervals.

												e
												B
												G
												D
												A
												E

Fret range: _____ Root: _____ Scale or chord: _____

												e
												B
												G
												D
												A
												E

Fret range: _____ Root: _____ Scale or chord: _____

												e
												B
												G
												D
												A
												E

Fret range: _____ Root: _____ Scale or chord: _____

My guitar tablature

Conventional TAB: high e on TOP, low E at the bottom. This string order stays the same for left-handed and right-handed players. Read numbers left to right.

e
B
G
D
A
E

e
B
G
D
A
E

e
B
G
D
A
E

e
B
G
D
A
E

My practice notes

Date: _____ Today I want to work on: _____

Start small. Choose one clear task, take rests and write down a useful next step.

The shape or sound I explored

What felt comfortable

What I heard or noticed

One small thing for next time
